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Dr. Xuhong Li is a Post-doctoral Fellow in Sau Po Centre on Ageing at The University of Hong Kong. Dr. Xuhong Li's research experience has been deeply interdisciplinary, integrating ecological perspectives. He has collaborated with the Integrated Community Centre for Mental Wellness (ICCMW) and District Elderly Community Centre (DECC) in Hong Kong and hospitals in mainland China to investigate the challenge exposed by older people with functional limitation and dementia, as well as develop and implement interventions aimed at reducing stigma, improving mental health and promoting social engagement. As a dedicated researcher, he has published several peer-reviewed articles as a first or corresponding author, focusing on healthcare disparity, stigma and mental health. His research employs both quantitative and qualitative approaches, allowing for comprehensive analyses of social and psychological phenomena.