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Professor Vivian W.Q. Lou is Head and Professor of the Department of Social Work and Social Administration, and Director of the Sau Po Centre on Ageing, at The University of Hong Kong. As a leading scholar in family gerontology and gerontological social work, her research examines family caregiving for older adults with dementia, stroke, functional limitations, and end-of-life needs, together with the social adaptation, mental health, and well-being of Chinese older adults and family caregivers. Her work also spans smart ageing, assistive and wearable technologies, caregiver support, transitional care, community-based integrated care, and AI applications in social work.

Professor Lou is committed to translating research into practice through close collaboration with government, non-governmental organisations, social enterprises, industry, university partners, and local communities. She has led major cross-sector initiatives as Principal Investigator in caregiver support, later-life mental wellness, end-of-life community care, transitional care, and ageing-related technologies. These include the Jockey Club Carer Space Project, Jockey Club “Stand-by U” Caregivers Community Support Project, Jockey Club End-of-Life Community Care Project (Phase III), and Jockey Club Empowerment-based Transitional Care Project.

Her current public and professional service includes serving as a Co-opted Member of the Community Care Fund Task Force under the Commission on Poverty; a member of the Research and Evaluation Committee and the Advisory Group on Financial Education for

Retirees of the Investor and Financial Education Council; and a member of the Medical and Support Services Sub-committee of the Council for the AIDS Trust Fund. Internationally, she contributes to World Health Organization (WHO) panels on anti-ageism and the life-course framework under the United Nations Decade of Healthy Ageing, and to Generations and Caregiving Working Group at AARP International.

Professor Lou is a Fellow of the Gerontological Society of America and interRAI, and has received numerous honours, including the HKU Social Sciences Outstanding Research Student Supervisor Award (2026), Ageing Asia Global Ageing Influencer (2024), Smart Ageing Champion (Academic) (2024), AHFE Best Paper Award (2024), Woman Change Maker in STEM (2023), recognition among the Healthy Ageing 50 Leaders (2022), and the Career Achievement Award from the Association for Gerontology Education in Social Work (2019).