

THE UNIVERSITY OF HONG KONG
FACULTY OF SOCIAL SCIENCES

Knowledge Exchange Seminar Series
Building Mindfulness Culture in Schools

Programme

Date: June 10, 2026 (Wednesday)

Time: 6:30 – 7:30pm

Venue: Social Sciences Chamber, 11/F, The Jockey Club Tower, Centennial Campus, HKU

TIME	PROGRAMME
6:30pm	Opening Remarks by Professor Samson Tse Associate Dean (Undergraduate Education) Faculty of Social Sciences The University of Hong Kong
6:35pm	Building Mindfulness Culture in Schools Professor Shui Fong Lam Project Director Jockey Club “Peace and Awareness” Mindfulness Culture in Schools Initiative Faculty of Social Sciences The University of Hong Kong Professor Kathy Shum Associate Professor Department of Psychology Faculty of Social Sciences The University of Hong Kong
7:05pm	Q&A Session Moderator: Professor Samson Tse