

THE UNIVERSITY OF HONG KONG
FACULTY OF SOCIAL SCIENCES

Knowledge Exchange Seminar Series
Building Mindfulness Culture in Schools

Biography of Speaker



Professor Shui Fong Lam

Project Director

Jockey Club “Peace and Awareness” Mindfulness Culture in Schools Initiative

Faculty of Social Sciences

The University of Hong Kong

Professor Shui Fong Lam is an Honorary Professor in the Faculty of Social Sciences at The University of Hong Kong (HKU). She obtained her Bachelor’s degree and Postgraduate Diploma in Education from The Chinese University of Hong Kong, Master’s degree (Counselling Psychology) from The University of Texas, and Doctoral degree (School Psychology) from the University of Minnesota. She was a recipient of the Outstanding Teaching Award from HKU, the Outstanding International Scholar Award from the International School Psychology Association, and the Knowledge Exchange Award from the Faculty of Social Sciences at HKU. She is now the Director of the Jockey Club “Peace and Awareness” Mindfulness in School Culture Initiative. It is her aspiration to promote the mental health of students, teachers, and parents in Hong Kong through the training and research in mindfulness.