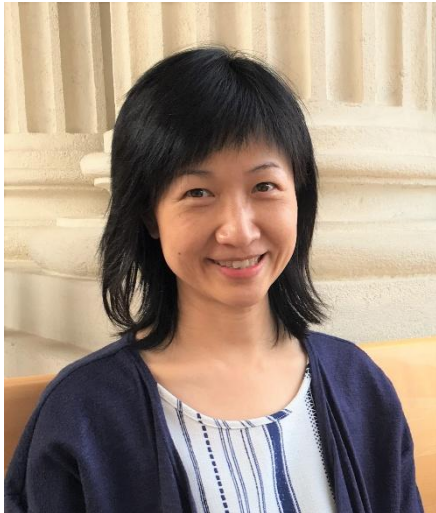


**THE UNIVERSITY OF HONG KONG**  
**FACULTY OF SOCIAL SCIENCES**

**Knowledge Exchange Seminar Series**  
**Building Mindfulness Culture in Schools**

**Biography of Speaker**



**Professor Kathy Shum**  
**Associate Professor**  
**Department of Psychology**  
**Faculty of Social Sciences**  
**The University of Hong Kong**

Professor Kathy Shum earned her Bachelor of Science in Human Biology's degree and Master of Science in Physiology's degree from the University of Toronto, as well as a Doctoral degree in Educational Psychology from The University of Hong Kong (HKU). She is currently an Associate Professor in the Department of Psychology at HKU and serves as the Director of the Master of Social Sciences Programme in Educational Psychology. Inspired by her personal and professional experiences working with children and families, her research focuses on language and socioemotional development, with particular emphasis on children with autism and ADHD. Her work also explores parenting and parent-child interactions as key factors in children's socioemotional growth. Professor Shum received the Social Sciences Outstanding Teaching Award at HKU in 2020, the Faculty Knowledge Exchange Award in 2025, and was honoured with the Rosie Young 90 Medal for Outstanding Young Woman Scholar in 2023. Her research team was recently awarded a silver medal for their innovative work at the 2026 International Exhibition of Inventions in Geneva.