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Mr. Hao Zhang is an MPhil student from Department of Psychology at The University of Hong Kong, where he earned his BSocSc (Honours) in Psychology. His research spans cyberpsychology, health psychology, and applied social/personality psychology, with published work on gaming disorders in Springer Nature. Currently, he focuses on AI literacy and AI-enhanced interventions, particularly leveraging large language models for precision public health strategies targeting adolescents and adults.