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Christian Montag works at the intersection of psychology, neuroscience, behavioural economics and computer science. He is particularly interested in digital phenotyping, mobile sensing, and digital biomarkers. Moreover, he studies technological use disorders and attempts to understand how social media can be improved. In his most recent works, he focuses on the question on how interaction with AI impacts on the human mind.

Montag received his diploma in psychology in 2006 (University of Giessen, Giessen, Germany). In 2009, he achieved his PhD (University of Bonn, Bonn, Germany), and in 2011 the venia legendi for psychology (University of Bonn, Bonn, Germany). As a post doc he also carried out research at the SCAN lab at Stony Brook University, NY, USA. From 2014 to 2025, he has been a Professor for Molecular Psychology at Ulm University, Ulm, Germany (W3). From to 2016-2022 he was an Agreement-Professor at the Neuscan lab at the University of Electronic Science and Technology of China in Chengdu, China. Since autumn 2023 he has been also Adjunct Professor at Hamad Bin Khalifa University in Doha, Qatar. Currently, he is Distinguished Professor of Cognitive and Brain Sciences and Associate Director of the Institute of Collaborative Innovation at University of Macau, Macau SAR, China.

He is a (co-)author of 430 peer-reviewed international papers and currently serves on the editorial board of the journals Personality Neuroscience, Telematics and Informatics Reports, and Addictive Behaviors. He is a co-editor of the book series "Studies in Neuroscience, Psychology and Behavioral Economics" at Springer. His current H-index is 89 and his works have about 27.700 citations according to Google Scholar.