



Professor Vivian Lou

Director, Sau Po Centre on Ageing
The University of Hong Kong

Biography

Professor Vivian Lou is the Director of the Sau Po Centre on Ageing, Professor at the Department of Social Work and Social Administration and the Program Director, Master of Social Sciences (Gerontology), The University of Hong Kong. She has committed to cross-sector collaboration, partnering with community organizations and social enterprises. She is a fellow of the Gerontological Society of America, and a Council member of Hong Kong Association of Gerontology and Consortium of Institutes of Family Limited (CIFA).

Professor Lou research interests focus on family gerontology, in particular family caregiving for dementia, stroke, end-of-life older adults, and social adaption and mental health of Chinese older adults and family caregivers. She is now teaching social gerontology, comprehensive geriatric assessments, and human development for both undergraduate and postgraduate students.

She has received numerous accolades, including the AHFE 2024 Best Paper Award in the 15th International Conference on Applied Human Factors and Ergonomics (AHFE) in 2024, Smart Ageing Champion (Academic) of the Smart Ageing Leader Award 2024, Knowledge Exchange Award 2024 from the Faculty of Social Sciences, The University of Hong Kong, Outstanding paper in the 30th Annual Congress of Gerontology, Hong Kong in 2023, Woman Change Maker in STEM in 2023, Healthy Ageing 50 leaders transforming the world to be a better place in which to grow older in 2022, Senior Fellowship of Advance HE (2022) and Smart Ageing Gold Award – Social & Community Engagement, Golden Age Foundation (2021).