Dr. Kai Tai Chan
Associate Professor in Practice of Psychiatry (by Courtesy)
Faculty of Medicine
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Biography
Dr. Kai Tai Chan is an Associate Professor in Practice of Psychiatry (by Courtesy) at the Faculty of Medicine, The Chinese University of Hong Kong (CUHK). He is the Associate Director of the Hong Kong Jockey Club Centre for Suicide Research and Prevention, The University of Hong Kong (HKU). He is also the Council Member, Honorary Treasurer as well as Spokesman of the Hong Kong College of Psychiatrists. He has been the Member of the Composers and Authors Society of Hong Kong since 1990. Recently, he was appointed as the Honorary Associate Professor of the School of Chinese, HKU. He is the Honorary Consultant of New Territories East Cluster of the Hospital Authority.

Apart from clinical practice in Psychiatry, Dr. Chan has been involved in various pedagogical and educational activities, project and service development as well as research activities. He is co-coordinating the development of medical humanities at the Faculty of Medicine, CUHK. He has been advocating the development of Youth Mental Health in Hong Kong across from online platform to clinical service; and territory-wide campaigns and community projects for mental health education and anti-stigmatization in the community.

To promote well-being, as a songwriter for more than 3 decades, Dr. Chan has been exploring the relationship of culture and mental health, using music to promote well-being through university and public talks, school project development, book publication, song production, and media engagement.

His recent academic interest is on the exploration of the impact of the post-Millennial world to human mind, mental health and society with inter-disciplinary perspectives, especially about the potential impact of digitalization upon young people. He published a conceptual paper *Emergence of 'Digitalized Self'' in the Age of Digitalization* in 2022 followed by empirical research, which attempts to arouse attention and discussion about the profound impact of the global process of digitalization to humankind.