

**THE UNIVERSITY OF HONG KONG**  
**FACULTY OF SOCIAL SCIENCES**

**Knowledge Exchange Seminar Series**

**Transforming School Culture – Promoting Well-being through Mindfulness**

**Programme**

Date: Thursday June 20, 2024

Time: 6:30 – 7:30pm

Venue: Social Sciences Chamber, 11/F, The Jockey Club Tower, Centennial Campus, HKU

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<b>TIME</b>	<b>PROGRAMME</b>
6:30pm	Opening Remarks by Professor Paul Yip Associate Dean (Knowledge Exchange and Development) Faculty of Social Sciences The University of Hong Kong
6:35pm	Transforming School Culture – Promoting Well-being through Mindfulness Professor Shui-fong Lam Director Jockey Club “Peace and Awareness” Mindfulness Culture in Schools Initiative Faculty of Social Sciences The University of Hong Kong
7:00pm	Q&A Session Moderator: Professor Paul Yip