



**Professor Rahul Malhotra**

Associate Professor, Health Services and Systems Research  
Deputy Director, Centre for Ageing Research and Education  
Duke-NUS Medical School

**Biography**

Rahul Malhotra, a physician-researcher, is Associate Professor, Health Services and Systems Research, and Deputy Director, Centre for Ageing Research and Education at the Duke-NUS Medical School, Singapore. The primary area of his research is ageing, at the individual and the population level. Key research projects that he has led or is leading include (1) nationally representative longitudinal surveys of older Singaporeans (PHASE and THE SIGNS Study), (2) longitudinal quantitative and qualitative studies of family caregivers (TRACE and Quali-T), and (3) a health services research project providing the evidence base for older person-centred prescription medication labels (PROMISE). He has published over 200 peer-reviewed papers and is a member of the World Health Organization's Consortium on Metrics and Evidence for Healthy Ageing. He received his basic (MBBS) and advanced (MD in Community Medicine) medical training at the University of Delhi, India, and public health (MPH) training at Harvard University, USA.